

Basketball Study Guide For Middle School

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Basketball Study Guide For Middle

Basketball Skills: Dribbling: 1. Keep a staggered balanced stance. Bend at the waist and the knees to be in a crouched position. Keep your weight balanced on the balls of your feet. 2. Keep your head up – do not look at the ball. 3. Keep your wrist relaxed and cup your hand slightly. 4.

BASKETBALL STUDY GUIDE - midviewk12.org

Basketball is one of the few major sports that originated entirely in the United States. In 1891 Dr. James Naismith used peach baskets and a soccer ball to invent a new game for athletes to play during the period between football and baseball seasons. Naismith attached peach baskets at opposite ends of the gym on the track that encircled the playing floor.

Basketball Study Guide - SMOY Middle School Physical Education

Center Circle: A circle with a radius of 2 feet located in the middle of the floor. Division Line: The line halfway between the two baskets, that divides the court into two halves. Double Foul: Two opponents commit personal fouls against each other at the same time. Fast Break: The defensive team gets the ball and moves rapidly down the court

Basketball Study Guide - images.pcmac.org

Basketball Study Guide 1 2007 Basketball History Basketball was invented in December of 1891 by Dr. James Naismith, an instructor at the YMCA in Springfield, Massachusetts. The purpose is to get the basketball into a team's own basket (offense) and to prevent the offensive team from scoring a basket (defense). Equipment 1.

Basketball Study Guide

7th Middle School Basketball Study Guide. STUDY. Flashcards. Learn. Write. Spell. Test. PLAY. Match. Gravity. Created by. michellemerrill72 PLUS. Terms in this set (20) Offense. The team in possession of the ball. Dribbling. a player gives movement to the ball one or more times causing it to hit the floor and rebound back to the same player.

7th Middle School Basketball Study Guide Flashcards | Quizlet

Student uses two hands instead of one to shoot. Student shoots the ball. correctly. Student follows through. Student is usually successful in shooting. Passing. Student cannot pass the ball successfully. Student does not follow through on pass. Student cannot get the pass to teammates.

EXAMPLE: BASKETBALL SKILLS ASSESSMENT, GRADES 6-8

P.E. Basketball Test Please fill in the blanks by writing your answer. 1. What Shape is the Basketball court? 2. What color is the basketball court line? 3. What is the name of the big curved line that looks like a U? 4. What is the red colored area inside the rectangle under the basket called? 5. How many points is free throw? 6.

P.E. Basketball Test - School of Excellence in Education

About This Quiz & Worksheet. The objective of playing basketball is to win. This assessment will test your understanding of some of the skills and techniques that will help you do so.

Basketball Skills, Activities & Safety - Study.com

The game is played on a rectangular floor called the court, and there is a hoop at each end. The court is divided into two main sections by the mid-court line. If the offensive team puts the ball into play behind the mid-court line, it has ten seconds to get the ball over the mid-court line.

Basketball Basics - The Rules, Concepts, Definitions, and ...

P.E. Basketball Study Guide. The terms for the basketball test in P.E. STUDY. PLAY. History. Basketball is the result of an experiment by Dr. James A. Naismith. His goal was to develop an indoor game to fill in the season between football (soccer) and baseball. At first, peach baskets were used as goals and a football (soccer ball) was used for ...

P.E. Basketball Study Guide Flashcards | Quizlet

I personally use Google Classroom for my PE classes, and I LOVE having a "Paperless GYM" - A 25 question test to evaluate students' knowledge of basketball. You will have access to this test in Google Forms and in MS Word (both are editable). ANSWER KEY INCLUDED-A Study Guide covering basketball terms and a diagram of the court.

Basketball Study Guide, Test and Answer Key - Editable in ...

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www.cusd200.org

1. When dribbling, the ball should bounce up to waist height. 2. When "shooting around", close to the basket is the best position to be in order to get a rebound. 3. Rebound: occurs when a player receives the ball after someone has taken a shot and has missed. 4.

Basketball Study Guide - Twelve Bridges Middle School

Mount Nittany Middle School. 656 Brandywine Drive, State College, PA 16801. 814-272-4050

Health & Physical Education / Study Guides for PE Quizzes

Middle School quiz on basketball. The ball is thrown up in the air by the referee inbetween one-player from each team, and they have to try and knock it to their team-mates

8th Grade Basketball Test - ProProfs Quiz

7th Grade Volleyball Study Guide You may study online or print out and study with a buddy. 7th Grade Volleyball Study Guide.pdf 154.74 KB (Last Modified on April 7, 2015)

Physical Education Department / Volleyball Study Guides

Some of the well-paid athletes in the world are basketball players, which leave no doubt as to why it's the most played sport in high schools. There are some rules that need to be followed when it comes to the game, how well do you know them? Take up the quiz to find out.

7th Grade Basketball Test - ProProfs Quiz

HIV/Aids/STI presentation 8th Grade: File Size: 5623 kb: File Type: pptx

Study Guides - Weebly

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